**Berkshire Active Virtual Games 2021**

**January 25th – 12th February**

# Challenge 3 – Ice Hockey Dribble

KS2 - Challenges

<https://getberkshireactive.org/uploads/winter-olympics-the-challenges.pdf>

Scoresheet

<https://getberkshireactive.org/uploads/paper-copy-14.pdf?v=1611058791>

EQUIPMENT

1 hockey stick/broom/pole 1 puck/small ball 2 markers

TO PLAY

Using the hockey stick dribbling the puck up and around the cones continuously. Focus on your 'puck' handling.

TOP TIP

Find a broom stick sock or adapt the challenge to what you can find in the house.

SCORING

Complete as many circuits as possible in 60 seconds. 1point for every cone you dribble around.

INSTRUCTION VIDEO

<https://www.youtube.com/watch?v=kq35ZEGxaK8&feature=youtu.be>