**Berkshire Active Virtual Games 2021**

**January 25th – February 12th**

# Challenge 2 – Biathlon

KS2 - Challenges

<https://getberkshireactive.org/uploads/winter-olympics-the-challenges.pdf>

Scoresheet

<https://getberkshireactive.org/uploads/paper-copy-14.pdf?v=1611058791>

EQUIPMENT

3 tall cones/plastic bottles as your targets 2 markers 3 bean bags, small balls or rolled up socks

TO PLAY

Start at the marker with the bean bags, run 4 shuttles between the 2 markers. Stop & shoot (throw) the 3 balls one at a time at the 3 targets aiming to knock them over. . Replace the targets and collect the balls placing them back at the cone. Repeat.

(you can change the equipment – Socks / bottles - use your imagination)

TOP TIP

Control your body: stop, take time to steady yourself and aim before throwing.

SCORING

You have 60 seconds to get as many points as possible. You get 1 point for every target you knock over.

INSTRUCTION VIDEO

<https://www.youtube.com/watch?v=dDmwTdCCKN0&feature=youtu.be>