Autumn/Winter Menu Week 1

9th & 30th Nov, 21st Dec, 4th & 25th Jan, 15th Feb, 8th & 29th March

	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	THURSDAY	FISH FRIDAY
Halal Option	**Wholemeal Pizza:** Margherita Pizza with Home-baked Potato Wedges Broccoli & Sweetcorn	Chicken Tikka Curry, Mixed Wholegrain and with Carrots & Peas	Roast Chicken, Yorkshire pudding Roast Potatoes, Seasonal Broccoli, Cauliflower and Gravy	Chicken Sausage and Mash potato with Sweetcorn & Broccoli	Fish fingers, chips with peas
Vegetarian Option	Veggie Mince Cottage Pie with Broccoli & Sweetcorn VG	Tomato, Basil and Vegetable Wholewheat Pasta Bake with Carrots & Peas	Quorn Grill, Yorkshire pudding, Roast Potatoes, Seasonal Broccoli, Cauliflower and Gravy	Vegetable Sausage and Mash potato with Sweetcorn & Broccoli	Cheese Quiche with Chips, Peas
Pasta	Pasta with Cheese or Tomato & Basil Sauce VG				
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo, Cheese, Salmon Mayo, or Beans
Dessert	Chocolatey Cornflake Crispy Cake VG	Brownie	Orange Jelly & Fresh Fruit Slices VG	Marble Sponge & Custard	Vanilla Ice cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit

Portion(s) of fruit or veg	Source of wholegrain	Contains plant-based proteins	50% fruit	Oily fish	Vegan	VG

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Autumn/Winter Menu Week 2

26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	THURSDAY	FISH FRIDAY
Halal Option	**Wholemeal Pizza:** Margherita Pizza with Home-baked Potato Wedges Broccoli & Sweetcorn	Beef Bolognese with Wholegrain Penne, Garden Peas & Carrots	Roast Chicken Yorkshire pudding, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy	**All Day Breakfast:** Chicken Sausage, Scrambled Egg, Herby Potatoes with Broccoli, Sweetcorn &baked beans	Fish Fingers, Chips with Peas
Vegetarian Option	Vegetable Biryani with wholegrain rice broccoli & sweetcorn	Plant-based Pasta Bolognese with Garden Peas & Carrots VG	Quorn Grill, Stuffing, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy	**All Day Breakfast:** Vegan Quorn Sausage, Scrambled Egg, Herby Potatoes, with Broccoli, Sweetcorn	Quorn burger, chips and peas
Pasta	Pasta with Cheese or Tomato & Basil Sauce VG				
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans
Dessert	Shortbread Biscuit & Fresh Fruit Slices VG	Chocolatey Orange Fudge Cake	Strawberry Jelly with Fresh Fruit Slices VG	Lemon Drizzle Cake & Custard	Vanilla ice cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit

Portion(s) of fruit or veg	Source of wholegrain	Contains plant-based proteins	50% fruit	Oily fish	Vegan	VG

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Autumn/Winter Menu Week 3

2nd & 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 1st & 22nd March

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	THURSDAY	FISH FRIDAY
Halal Option	Margherita Pizza with Homemade Potato Wedges, carrots and Sweetcorn	Savoury Chicken Shortcrust Pastry Pie with Homemade Potato Wedges Carrots & Garden Peas	Roast Chicken, Roast Potatoes Mixed Vegetables Yorkshire Pudding & Gravy	Chicken Sausages, Mash, Broccoli, Sweetcorn & Gravy	Fish fingers, chips served with garden peas
Vegetarian Option	Macaroni Cheese with Carrots, Garden Peas	Veggie Mince & Vegetable Shortcrust Pastry Pie & Homemade Potato Wedges, Carrots & Garden Peas VG	Quorn Grill, Roast Potatoes, Mixed Vegetables, Yorkshire Pudding & Gravy	Quorn Sausage, Mash, Broccoli, Sweetcorn & Gravy VG	Crispy Vegetable Fingers with Chips, Garden Peas
Pasta	Pasta with Cheese or Tomato & Basil Sauce VG				
Baked Jacket Potatoes	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans	Jacket Potato with Tuna Mayo or Cheese or Beans
Dessert	Chocolatey Cookie VG	Iced Sponge Cake	Raspberry Jelly VG	Flapjack with Fresh Fruit Slices VG	Vanilla Ice cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit

Portion(s) of fruit or veg	Source of wholegrain	Contains plant-based proteins	50% fruit	Oily fish	Vegan	VG

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.