





















Autumn / Winter 2024/2025 - Week One

Dates: 9th Sep, 30th Sep, 21st Oct, 11th Nov, 2nd Dec, 23rd Dec, 13th Jan, 3rd Feb, 24th Feb, 17th Mar, 7th Apr

WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Tomato, Baked Bean & Spiral Pasta Bake 	Halal Chicken Sausage Roll with Skin on Baked Potato Wedges	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Pasta Bolognese made with Red Tractor Halal Beef & Garlic Bread 	MSC Fish Fingers & Chips
Vegetarian Option 1	Cheese & Tomato Pizza with Wedges 	Vegetable Korma Hand Pies with Sunny Vegetable Rice 	Quorn Grill with Gravy, Stuffing & Roast Potatoes 	Cheese Quiche with Skin on Baked Potato Wedges	Crispy Vegetable Fingers & Chips
Vegetables	Broccoli/Cauliflower & Carrots, Sweetcorn 	Red Tractor British Peas 	Broccoli/Cauliflower & Carrots 	Broccoli, Carrots & Cauliflower Sweetcorn 	Baked Beans British Red Tractor Garden Peas 
Daily Pasta	Pasta with Cheese or Tomato & Basil Sauce 				
Baked Jacket Potatoes	Jacket Potato with Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Tuna Mayonnaise, Salmon Mayonnaise or Cheese or Beans 
Dessert	Chocolate Mousse and Orange Smiles 	Homemade Jam sponge & Custard	'Hidden Fruit' 'Chocolate, (Beetroot & Pear) Brownie	Fruity Strawberry Jelly & Mandarin Segments 	Vanilla & Cherry Cookie Cup & Custard

Available Daily:

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt



Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish

























Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



Autumn / Winter 2024/2025 - Week Two

Dates: 16th Sep, 7th Oct, 28th Oct, 18th Nov, 9th Dec, 30th Dec, 20th Jan, 10th Feb, 3rd Mar, 24th Mar, 14th Apr

WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Cheese & Tomato Pizza with wedges 	Red Tractor Halal Chicken Sausage with Mashed Potatoes & Gravy 	Halal Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes 	Garlic & Tomato Chicken Pasta Spirals 	MSC Fish Fingers & Chips 
Vegetarian Option 1	Potato, Spinach & Cheese Toasted Wrap 	Plant Based Sausage with Mashed Potatoes & Gravy 	Mediterranean Vegetable Tart Served with Roast Potatoes 	Beany Vegetable Wrap with a side of Sunny Vegetable Rice 	Cheese and onion pastry roll & Chips 
Vegetables	British Red Tractor Garden Peas and sweetcorn 	Broccoli/Cauliflower & Carrots 	Broccoli/Cauliflower & Carrots, Sweetcorn 	Broccoli/Cauliflower & Carrots 	Baked Beans, British Red Tractor Garden Peas 
Pasta	Pasta with cheese or tomato sauce				
Baked Jacket Potatoes	Jacket Potato with Tuna Mayonnaise or cheese or Beans 	Jacket Potato with Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Tuna Mayonnaise or Cheese or Beans 
Dessert	Apple & Sultana Crumble Bar with Custard 	Iced Carrot Cake & Orange Slices 	Chocolate Shortbread/ Pinwheels	Toffee Cream Tart	Chocolate Oaty Slice

Available Daily: Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt



Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish





















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Autumn / Winter 2024/2025 - Week Three

Dates: 2nd Sep, 23rd Sep, 14th Oct, 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 17th Feb, 10th Mar, 31st Mar

WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Cheese & Tomato Pizza with wedges 	Lamb Lasagne with Garlic & Tomato Bread 	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Lamb & Potato Pie with Mash	MSC Fish Fingers & Chips
Vegetarian Option 1	Beany Shepherd's Pie 	Vegetable Lasagne with Garlic & Tomato Bread 	Quorn Grill with Gravy, Stuffing & Roast Potatoes 	Vegetable Meatballs, Tomato Sauce & Mixed Rice 	Crispy vegetables fingers & Chips
Vegetables	Broccoli/Cauliflower & Carrots & Sweetcorn 	Sweetcorn & Carrots 	Broccoli/Cauliflower & Carrots 	Baked Beans, British Red Tractor Garden Peas 	Baked Beans, British Red Tractor Garden Peas 
Pasta	Pasta with Cheese or Tomato sauce				
Baked Jacket Potatoes	Jacket Potato with Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Tuna Mayonnaise or Cheese or Beans 	Jacket Potato with Tuna Mayonnaise or Cheese or Beans 
Dessert	Lemon Cupcake with Fruit Slices 	Chocolate Cookie & Orange Wedges 	Chocolate Crunch 'Concrete' & Chocolate Sauce or Pink Custard	Strawberry Mousse	Lemon Drizzle Cake with Custard

Available Daily: Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt



Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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